



# SAMPLE MENU

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# MONDAY

## BREAKFAST

Cooked Breakfast

## LUNCH

Main 1 Harper Beef Burger with Relish

Main 2 Moving Mountains Burger with Relish and Salad

Light Bites Selection of Filled Panini and Flatbreads, and Salad Bar

Sides Chunky Chips and Broccoli

## DINNER

Main 1 Harper Lamb Shepherd's Pie

Main 2 Beef & Tomato Casserole

Main 3 Roasted Root Vegetable, Cheese and Butterbean Bake

Sides New Potatoes, Carrots and Green Beans

Dessert Gateau, Fruit Salad, or Plated Cheese & Biscuits

FOR A COMPREHENSIVE LIST OF ALLERGENS PRESENT IN THESE DISHES, PLEASE ASK A MEMBER OF THE CATERING TEAM



# TUESDAY

## BREAKFAST

Continental Breakfast

## LUNCH

Mains

Rice Bowls: Sweet & Sour Chicken. Vegetable Stir Fry.  
Tofu, Sweetcorn & Spring Onion Fritters. Crisps Onions.

Light Bites

Leek and Potato Soup, and Salad Bar

Sides

Rice and Broccoli

## DINNER

Main 1

Harper Pork with Ginger and Black Bean Sauce

Main 2

Thai Spices Fishcake with Sweet Chilli Sauce

Main 3

Stir Fried Vegetables with Crispy Smoked Tofu

Sides

Noodles and Mixed Vegetables

Dessert

Lemon Drizzle Cake, Fruit Salad, or Plated Cheese & Biscuits

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# WEDNESDAY

## BREAKFAST

Cooked Breakfast

## LUNCH

Mains                      Nachos: Mexican Pork. Sweet Potato & Butternut Chilli.  
Pineapple Salsa, Grated Cheese, Salad, Chilli Sauce.

Light Bites                      Selection of filled Pitta Bread, and Salad

Sides                              Potato Cripsers and Sweetcorn

## DINNER

Main 1                              Chicken, Chorizo, Garlic and Tomato Pasta

Main 2                              Harper Lamb Ragu with Pasta

Main 3                              Butternut Squash and Kale Gnocchi Bake with Mozzarella

Sides                              Wedges, Green Beans and Broccoli

Dessert                              Chocolate Fudge Cake, Fruit Salad, or Plated Cheese & Biscuits

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# THURSDAY

## BREAKFAST

Continental Breakfast

## LUNCH

Mains

Pizza: Mozzarella. Meat Feast.  
Ham & Pineapple. Vegan Jackfruit.

Light Bites

Minestrone Soup, and Salad Bar

Sides

Spiced Wedges and Sauteed Mixed Vegetables

## DINNER

Main 1

Beef Curry with Naan and Mango Chutney

Main 2

Masala Salmon Fishcakes with Curried Vegetable Sauce

Main 3

Dhal and Vegetable Balls with Curried Vegetable Sauce

Sides

Rice and Stir Fried Vegetables

Dessert

Chocolate Eclairs, Fruit Salad, or Plated Cheese & Biscuits

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# FRIDAY

## BREAKFAST

Cooked Breakfast

## LUNCH

Main 1	Breaded Fish Fillet with Lemon and Tartare Sauce
Main 2	Battered Banana Blossom with Lemon and Tartare Sauce
Light Bites	Jacket Potato with Selection of Toppings, and Salad Bar
Sides	French Fries, Peas or Mushy Peas

## DINNER

Main 1	Savory Beef in a Giant Yorkshire Pudding
Main 2	Loin of Pork with Cider Gravy
Main 3	Vegetarian Sausages and Onion Casserole in a Giant Yorkshire Pudding
Sides	Roast Potatoes and Garlic Roast Vegetables
Dessert	Fruit Crumble with Custard, Fruit Salad, or Plated Cheese & Biscuits

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