Student Assistance Programme

A 24 hour helpline from Health Assured to support you through any of life's issues or problems

Free 24 Hour Confidential Helpline:



Stress & anxiety



Bereavement



Relationship advice



Tenancy & housing concerns



Counselling

Financial wellbeing



Legal information

Alcohol & drug issues



Family issues



Childcare support



Medical information



Consumer issues

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App code:



